

## CONFERENCE ABSTRACT

SCIENTIFIC MEETING OF VICTOR BABEȘ UNIVERSITY OF MEDICINE AND PHARMACY DOCTORAL SCHOOL AND ROMANIAN ACADEMY OF MEDICAL SCIENCES, DECEMBER 2016, TIMISOARA, ROMANIA

# CAN THE DETERMINATION OF PROCALCITONIN IN PREHOSPITAL (EMERGENCY DEPARTMENT) BE A USEFUL AND PRECOCIOUS MARKER IN SEPSIS?

*Anda Maria Neagoe*<sup>1,2</sup>

<sup>1</sup>Victor Babeș University of Medicine and Pharmacy Timișoara, Romania

<sup>2</sup>The Teodor Andrei Municipal Hospital of Lugoj, Emergency Department, Lugoj, Romania

**Key words:** sepsis, procalcitonin, prehospital, emergency department, management, infection

## OBJECTIVES AND BACKGROUND

The management of sepsis requires a hasty identification of infection, through the application of different dynamic strategies in prehospital and hospital conditions, through the implementation of a number of changes and by measuring the outcome of these changes thus ensuring a decrease in the mortality rate and allowing a rapid identification of the infection

## MATERIALS AND METHODS

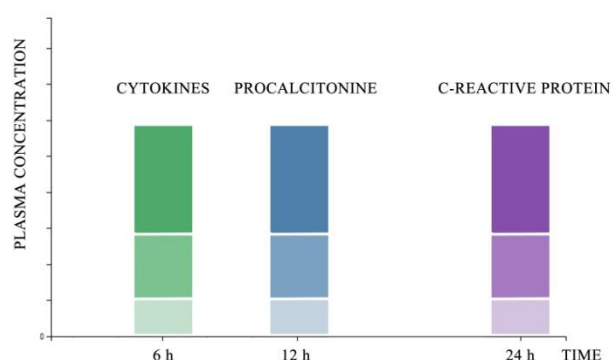
Procalcitonin (PCT) was used as a marker of sepsis in emergency departments. Due to its sensitivity and molecular peculiarities, procalcitonin allows a rapid diagnosis of severe bacterial infections, and is able to differentiate viral infections from bacterial ones. It is also able to differentiate an infectious process from an inflammation, thus sketching a clinically applicable protocol that can be implemented and continuously improved.

## RESULTS

The identification of the infectious process in the emergency department within 24 hours leads to a decreased in the mortality rate. Speedy diagnostic methods of infection based on the determination of specific, rapidly measurable, markers – procalcitonin in our case - can confirm the presence of sepsis and its' outcome.

## CONCLUSIONS

Prehospital determination of procalcitonin (PCT) is recommended in the early diagnosis of sepsis and is also an indicator of its severity, starting from a solid theoretical database that is justified by the efficiency and effectiveness of its usage.



**Graphical abstract:** Laboratory changes of inflammatory response

## REFERENCES

1. Uchil S, Ravi KV, Thimmaiah AK, Medha YR, Punith K. Significance of serum procalcitonin in sepsis. *Indian J Crit Care Med.* 2011;15:1–5.
2. Todi S, Chatterjee S, Bhattacharyya M. Epidemiology of severe sepsis in India. *Crit Care Med.* 2007;11:65.
3. Chan YL, Tseng CP, Tsay PK, Chang SS, Chiu TF, Chen JC. Procalcitonin as a marker of bacterial infection in the emergency department: an observational study. *Crit Care Med.* 2004;8:12-20.
4. Schuetz P, Albrich W, Christ-Crain M, Chastre J, Mueller B. Procalcitonin for guidance of antibiotic therapy. *Expert Rev Anti Infect Ther.* 2010;8:575-87.
5. Jawad I, Luksic I, Rafnsson SB. Assessing available information on the burden of sepsis: Global estimates of incidence, prevalence and mortality. *J Glob Health.* 2012;2:010404.